



ILLOGAN PARISH REVIEW

FREE

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Welcome to Issue 31, Winter 2015 Edition

of the Illogan Parish Review.

Information is included about what is going on in the Parish from 1st December to the end of February 2016.

!!!STOP PRESS!!!



As we went to publication we heard that a planning application was to be submitted for the Glebe Field (the field next to the Rectory).

It is disappointing that the Church Authorities did not engage with the local community beforehand. At the very least a pre-application on such an important piece of land would have been welcomed.



CHRISTMAS LIGHTS IN THE PARISH

4 and 5 December 2015

Illogan Parish Council would like to wish everyone a Merry Christmas and a Happy and Healthy New Year.

Please come along and join in the festivities and the switching on of the Christmas Lights.

On Friday 4 December the lights will be switched on at Paynters Lane End.

On Saturday 5 December the lights will be switched on at Park Bottom.

See details on Page 3

With compliments of Illogan Parish Council



PARISH COUNCIL CHAIRMAN: LAWRENCE PAVEY

Doesn't time fly? This is already my second article and, although I am composing it in the middle of October, by the time you read this Christmas will soon be upon us with all its attendant celebrations.

Christmastime also heralds the "end of the year" for many of us, when we can look forward to the New Year with hope and anticipation.

For local councils, however, it is only half way through the municipal and financial year which means that as much of our time is spent looking backward as it is forward, in order to set financial aims and budgets for the next year. This period is even more exacting for us this year given the much publicised proposed cuts to various services from Cornwall Council.

At some point, **somebody** may have to take over services such as verge trimming, drainage ditch clearance, and the inspection of some minor roads; to name just a few.

Should that somebody be the Parish Council? That's what we want to know from you, and you must be consulted as there may well be a cost implication on the Parish Council precept and it's only fair that you are made aware of that.

Elsewhere in this issue are the dates and times of our Christmas events – I hope to see many of you there.

Merry Christmas and Happy New Year to you all!

Lawrence

CORNWALL COUNCILLOR: DAVID EKINSMYTH



Autumn is with us once again and it is that time of year for both Illogan Parish Council and Cornwall Council to plan their budgets for the next period. Not an easy task as I know you are all aware. What is important, however, is that your voice is heard clearly so that that best use is made of our diminishing resources.

Some things have to happen as they are duties imposed from above by Government but others are discretionary and up to each town and parish to decide on. The more we take control of matters locally, in our place, the more likely we are to get what we need.

My job, working with your excellent team of Parish Councillors, is to assist with this and represent your views on Cornwall Council. I also need to reflect back to you why certain decisions that we may not like, have to be taken and implemented. Hopefully not too many!

On the ground I have been dealing with planning issues, traffic speeding concerns, difficulties caused by overgrown vegetation, parking in the village centre and so on. Sadly these don't change much as greatly reduced budgets slow the whole process down. We have made some progress on replacing worn road surfaces with more to come.

If any of these, or anything else is concerning you, do let me know. My contact details are on the back page of this Review and I now hold a regular surgery at Penwartha Hall, 10am on the first Saturday of each month.

Good news from Cornwall Council about the trial extension to the recycling scheme. You can now recycle many plastic items, yoghurt pots etc. Please recycle all you can to help our environment and budget.

As I write I'm now looking forward to the Remembrance Day Parade and Service and, of course, our Christmas Lights celebration. There is nothing quite like the sight of our Illogan School children approaching with lanterns held aloft, setting us all up for the celebration to come.

As this is the last edition before Christmas I wish you all a really brilliant time and a happy, healthy and successful New Year.

David

Christmas Lights in the Parish

4 and 5 December 2015

On Friday 4 December at 6.30pm the children of Illogan School will parade from the school to the Robartes Arms with their lanterns and will congregate in the Square. Everyone will be welcomed by the Reverend Steve Robinson and after a short blessing the Christmas Lights will be switched on. We will be joined by the Illogan Community Choir and the Camborne Youth Band. Father Christmas will be visiting from Lapland and will be handing out sweets. Come along and join in the singing and make it a great start to the Christmas period.

On Saturday 5 December at 6.30pm at the New Inn, Park Bottom everyone will be welcomed by a member of Illogan Parish Council's Community Liaison Committee, there will be a short blessing and the Christmas Lights will be switched on. Camborne Youth Band will be there to support the carol singing. Father Christmas will be visiting again from Lapland and will be handing out sweets. Please join us for a festive start to the Christmas season.

Weather

The Christmas Lights Switch On Events will go ahead no matter what the weather decides to do. If the weather is too bad to hold the events outside, the Illogan Switch On Event will be held in St Illogan Parish Church and the Park Bottom Event will be held in the New Inn. If you are unsure where either event will be held please telephone the Council Office - 01209 711433 - where there will be an answerphone message giving all of the information you will need.

The Council are keen to know the views and opinions of the public. Please let us know your thoughts on the Christmas lights switch on events and any suggestions for future events. Please forward your thoughts and comments to the Clerk, Sarah Willsher, using the details on the back page.

Illogan Parish Fair

The Parish Fair Group have taken a well earned break since July but are now starting to put some ideas together for next year. If you would like to get involved in any way please get in touch. We really do need your help, the more the merrier! Our main news this edition is that we have set the date of the 2016 Parish Fair, so please put Saturday 9 July in your diaries.

Last year we also had a good number of local businesses support the fair by taking advertisement space in the programme, so our sincere thanks go to The Robartes Arms, Rent-A-Man, Slimming World and DJM Gardening Services. If you would like to promote your business or organisation at the 2016 Parish Fair either in our programme or in some other way then please do get in touch and we can discuss sponsorship options.

Please note that we have not yet selected someone to open the 2016 fair. The only restriction is that it should be either someone from our Parish or someone who has done something significant for the benefit of the Parish. So if you would like to nominate someone please let us know and be sure to tell us why you are nominating them.

If you would like to help now or on the day or have something to exhibit please get in touch on 843845.

CORNWALL FIRE & RESCUE SERVICE



On Tuesday 22nd September 2015 the headquarters of Cornwall Fire, Rescue and Community Safety Service was officially opened by HRH the Duke of Kent.

Firefighters, officers, control and corporate staff from the service gathered at HQ, Tolvaddon, Camborne, to greet the royal party. They were joined by local councillors and dignitaries from the region.



During the visit His Royal Highness was shown around the new headquarters, which became operational on 1st September 2015. There was also a multi-emergency service display.

Before officially opening the building and unveiling the plaque to commemorate the occasion, His Royal Highness met members of the Fire Control personnel, architects and builders of the new headquarters as well as the Prince's Trust team who won the Community Safety Cup 2015. His Royal Highness was also invited to present the Queen's Long Service and Good Conduct Medals to staff.

The new HQ is the final stage in the Camborne, Pool, Redruth and Hayle Emergency Cover programme which involved relocating Camborne and Redruth Community Fire Stations, as well as critical support services including Fire Control, Training and Development and Engineering Workshops and Stores, to two new sites in Tolvaddon and Hayle. The relocation to the new station and facilities is expected to save the service around £500,000 a year in maintenance, running and operational costs.

Councillor Geoff Brown, Cornwall Council portfolio holder for Communities, said: "I am delighted that His Royal Highness was able to join us and open this exciting new project, which is a tribute to the vision of the leadership team and was delivered on time and within budget by the contractors, Kier. The new Fire HQ will be a fitting building to house our outstanding, dedicated and committed team who work tirelessly to ensure the safety and well-being of the people of Cornwall."



Paul Walker, Chief Fire Officer said: "It has been a very proud day for Cornwall Fire and Rescue Service and we were delighted to welcome HRH the Duke of Kent to open our new Service Headquarters in Tolvaddon. It was also a wonderful day for the seven members of staff receiving their Fire and Rescue Services Long Service and Good Conduct medal in recognition of 20 years dedicated service. The formal opening ceremony was a celebratory occasion to recognise the professionalism and dedication of all staff and partners involved in this project. I am very grateful for the commitment, support and scrutiny provided by Cornwall Council Members which has helped deliver these fantastic new facilities. We very much look forward to being a part of the Tolvaddon community as we continue to develop and deliver our wide range of services by "Working Together to make Cornwall Safer".

For more information about the Cornwall Fire, Rescue and Community Safety Service visit www.cornwall.gov.uk/fire

ST ILLOGAN PARISH CHURCH

Regular Services held at St. Illogan Church

1st Sunday

10.30am: Morning Worship, usually with Baptism

6.00pm: Holy Communion

2nd Sunday

10.30am: Holy Communion

6.00pm: Evening Prayer

3rd Sunday

10.30am: Matins or Celtic Morning Worship

6.00pm: Holy Communion

4th Sunday

10.30am: Holy Communion

6.00pm: Celtic Evening Prayer

5th Sunday

10.30am: Holy Communion

6.00pm: Taize Service

Thursdays

9.00am: Tea and Toast; Slimming Club

10.15 -12.15pm(term time only): Stay and Play Toddler Group

Fridays

2.00 – 4.00pm: Tea and Fellowship with home-made cakes and jams for sale. Healthy veggie boxes are available at £6.50 and £5.00 with 7 mainly local items. The Church is always open on Friday afternoons (except Good Friday) for tea and a chat.

3rd Saturday 3.30pm to 5.30pm

Messy Church—Treloweth Community Hall

Sundays

4.30pm: 30-minute Teatime Service followed by a Bring and Share tea

Regular Services held in St. Mary's Church, Portreath

Wednesdays

9.15am: Holy Communion (Lifts are available)

Home Groups meet throughout the Parish

Regular Events held in the Parish Room

3rd Tuesday

12.00 noon: Parish lunches served for £3.50

3rd Wednesday

2.30pm: Women's Fellowship

Wednesdays 2.30—3.30pm:

Handbell Ringers (except 3rd Wednesdays at St. Mary's Portreath)

The Parish Room is available for hire.

Churchyard Tidying is usually done on Wednesday and Thursday mornings. Please contact Andrew on 842316 or David on 831465 for further details. The monthly LINK Magazine is available from the Church, Co-op, Pooleys or Post Office for 45p.

Stay and Play Group at St. Illogan Church

(Ages 0 to 4):

Thursday mornings 10.15 to 12.15 (term time only).

Meet in the Parish Room at the back of the Church.

Each family pays £1.00 to cover the cost of craft items

**PLEASE NOTE - OUR CHRISTINGLE SERVICE IS AT 5.00PM ON
SUNDAY 6 DECEMBER**

May I wish everyone a happy Christmas and peaceful and fulfilling new year.

Rev'd Steve

MOBILE LIBRARY: WINTER STOPS



The mobile library will stop at the Robartes Arms in Illogan (opposite the Cornish Oven) between 4.00pm and 5.00pm on the following dates:

15th October 2015
12th November 2015
10th December 2015
7th January 2016

METHODIST CHURCH, PAYNTERS LANE END



Chapel Events

Sunday Morning Service
10:45am (local Preacher)
All are welcome to attend.

Methodist Chapel Hall - Regular Events

Tuesdays 9.00am to 11.00am - Illogan Country Market

Wednesdays 10.00am to 11.30am - Coffee Shop

Wednesdays 7.00pm - Friendship Club

1st Saturday of Month 10.00am to 11.30am - Coffee Morning

Methodist Chapel Hall - Special Events

Sat. 5 Dec. 10.00am Christmas Fayre

Fri. 9 Dec. 10.00am Jumble Sale

Sun. 20 Dec. 10.45am Christmas Service

Sun. 20 Dec. 6.00pm Carols with *Sine Nomine*

For further information contact Stella on 01209 842425.

METHODIST CHAPEL COUNTRY MARKET

Tuesdays 9.15am to 11.00am at the Methodist Chapel Hall

A number of Items are for sale, including:

- home-baked goods - we can bake something special for you;
- a wide range of savouries and cakes by different producers;
- preserves, honey and chutneys;
- free-range eggs;
- fresh meat, individually wrapped, and supplied from a local farm butcher;
- selection of vegetables, flowers and plants.

Additionally there are craft tables offering:

- hand and machine-knitted items;
- hand-made greetings cards;
- many sewn items;
- a display of woodcarver's skills.

We accept orders for items, and a gift parcel service is available for deliveries to friends and family.

Refreshments are also available.

We can deliver local orders.



ILLOGAN SCHOOL



Illogan School pupils get involved in all sorts of events throughout the year and are always raising money for different causes, locally, nationally and internationally - not just for the school!

Amongst other things they get involved with Illogan Parish Church's Harvest Festival and the annual Remembrance Service at the Church, and they work with Illogan Parish Council on the Christmas Lights events. Watch out for them on Friday 4 December when they will parade with their lanterns from the School to Paynters Lane End.

ILLOGAN VILLAGE HALL

(by Stephen Turner)

The Village Hall has been receiving a bit of an external facelift with some timely repairs to the windows, roof and stonework. Our sincere thanks to local builder Martyn Kistle who has undertaken much of the work, both for his professionalism and high standards of workmanship. Thanks also to electrician Steve Pritchard who carried out essential lighting repairs.

Helping run the Village Hall is a great way to get involved in community activities. You might like to join the management committee or you may have some free time and can help in more practical ways. Please phone Steve on 843845 for an informal chat about how you might be able to help out.

The Illogan Indoor Sports & Recreation Club were greatly saddened to learn of Kate Hinton's passing in August. Kate was the club's Treasurer and highly regarded by all who knew her. She was both kind and diligent and, in spite of her illness, always greeted us with a smile. Sadly the club is now also at a turning point. A number of the club organisers will be retiring at Christmas and, unless more adults are prepared to step forward to help, the club will have to consider closing in the New Year. If you think you can help to run the club please get in touch on 843845.

The Illogan Players have just announced that they are now in rehearsal for a pantomime to be performed at the end of January and early February next year. There will be four performances of *Jack and the Beanstalk* on Friday 29 and Saturday 30 January; then on Friday 5 and Saturday 6 February. Tickets are only £5 per person. Box office: 843845. Please book early to avoid disappointment as these shows are always very popular and sell out.

Hire of the Village Hall

The Village Hall is a welcoming, warm and friendly retreat and is available at weekends for birthday parties and other social events. It only costs £30 to hire the main hall (including kitchen) for one off events for either a morning, afternoon or evening 4-hour session.

Facilities available include the main hall, a fully equipped kitchen and a smaller meeting/training room. Tables and chairs are also available, as is a public address system. To book or for more information contact Sue Skewes on 01209 843575.

If your group would like to meet regularly at the hall (i.e. once a month) then main hall hire is reduced to only £15 per session. Please phone 01209 843845 to discuss your needs.

Regular Activities

The following groups meet on a regular basis at Illogan Village Hall.

Indoor Sports & Recreation Club

Table Tennis, Pool, Snooker & Air Hockey

Monday from 6.00pm to 7.30pm for U18's, Term-time only.

01209 843845.

National Autistic Society Social Group

Monday from 7.30pm to 9.30pm

Art Group

Tuesday from 2.00pm to 4.00pm

Slimming World

Tuesday from 6.30pm.

01209 215024.

Bridge Stitchers and Crafters

1st and 3rd Wednesday each month. 1.30pm to 4.30pm. 01736 757726.

1st Redruth Guides

Wednesday each month (term-time only)
7.00pm to 9.00pm. 01209 210767 or email
1stredruthguides@gmail.com

Womens Institute

1st and 3rd Wednesday, 7.30pm to 9.30pm.
01209 890512.

Hatha Yoga

Thursday 10.30am to 12.00 noon.

1st Illogan Scouts

Thursday (term-time only)
5.00pm to 6.00pm Beavers (5 ¼ - 8yrs)
6.00pm to 7.30pm Cubs (8 – 10 ½ yrs)
7.30pm to 9.00pm Scouts (10 ½ - 14yrs)
01209 843845

Stamp Your Art Out

1st Thursday each month 7.00pm to 9.00pm.
01209 699543.

U3A Ladies Canasta Club

Friday 2.00pm to 4.30pm

Cornwall Scale Modellers

Friday 7.00pm to 10.00pm.
01736 757726

Help make life bright
Love Christmas lights



The Spinal Injuries Association

The Spinal Injuries Association (SIA) is the leading national user-led charity for spinal cord injured (SCI) people. Being a user-led organisation, SIA are well placed to understand the everyday needs of living with an injury. SIA are here to meet those needs, by providing key services to share information and experience, and to campaign for change, ensuring each person can lead a full and active life.

The Spinal Injuries Association (SIA) is inviting you to join us on Facebook and Twitter this Christmas as we use **#ChristmasLight** to raise awareness of spinal cord injury and raise funds to support more spinal cord injured people as they rebuild their lives.

To join our **#ChristmasLight** campaign all you need is yourself, **#ChristmasLight** and a phone. Here is a four step guide to how you can get involved:

Enjoy the festivities by taking photos of **#ChristmasLight** on your tree, your house or even on yourself

Donate £1 or more to support spinal cord injured people this Christmas by texting **CSIA01 £1 to 70070** using **JustTextGiving by Vodaphone**

Share your donation and photo on Facebook and Twitter using the **#ChristmasLight** hash tag, or let us do the work for you. Just email them to us at fundraising@spinal.co.uk

And finally, nominate your Christmas-loving friends and family to do the same.

The money you raise with **#ChristmasLight** will help us to broaden our support to spinal cord injured people and their families, as they come to terms with their injury and rebuild their life at home and at work.

Spinal cord injury is life-changing, often causing paralysis as well as affecting other aspects of a person's health. It's a frightening fact that 30 people will become spinal cord injured due to accident or illness each festive season, and two years ago Oliver was one of those affected after he became injured in a car accident.

Initially Oliver struggled in coming to terms with his injury, but with our support he was able to rebuild his life and he found new ways of getting back to the things he loved. Oliver said "SIA gave me hope and knowledge in a new and frightening world. It showed me independence was still achievable".

Help us to support more people like Oliver this Christmas. Raise awareness and funds for SIA with **#ChristmasLight** today!

USEFUL MEDICAL INFORMATION

Homecroft Surgery

Voguebeloth, Illogan, TR16 4ET

Telephone: 01209 843843

Fax: 01209 842027

Out of Hours: 01209 843843

Harris Memorial Surgery

Robartes Terrace, Illogan, TR16 4RX

Appointments: 01209 842449

Dispensary: 01209 842894

Secretaries: 01209 842515

Fax: 01209 842380

Out of Hours: 01209 842449

Further information on the services available from these and other nearby surgeries can be obtained online. **Google: Illogan Doctors Surgeries.** Your GP will have information and contact numbers on every support service available in the area.

Boots Pharmacy

Basset Road, Illogan, TR16 4SS

Telephone: 01209 843856

Monday to Friday: 9.00am to 6.00pm

Saturday: 9.00am to 1.00pm

Sunday: Closed

Free Eye Tests as Home

R.A.D. Francis B.Sc (Hons) F.B.D.O.

01209 844703 or 0800 756 1116

Out of hours 07863 814 444

Email: ldefrancis@aol.com

Camborne Redruth Community Hospital: Minor Injuries Unit (MIU)

Barncoose Terrace Redruth Cornwall TR15 3ER.

Telephone 01209 886150

The Minor Injuries Unit is open every day (including public holidays) between 8.00am and 10.00pm. Staff aim to see patients as quickly as possible and generally waiting times are less than in an A&E department.

If your injury is not serious, you can get help at an MIU, allowing A&E staff to concentrate on people with serious, life-threatening conditions.

The Radiology (X-Ray) department is open Monday to Friday from 9.00am to 5.00pm.

Christians Together Service at the Seventh-day Adventist Church Voguebeloth



From time to time the Christians Together group in Illogan invite everyone to gather for unified worship in one of our churches. In October it was the turn of the Adventists, who meet in the former Wesleyan Sunday School building on Bassett Road, to play hosts. The enthusiastic group that came enjoyed a varied service with a sermon looking at the basis of the unity and power of the early church from the pastor, Chris Peake. Brilliant musical support was provided by worship band members from St Illogan.

There are several churches in the Illogan parish, each expressing and practising their belief in Christ in their own way. Through the Christians Together group, they get together regularly to put on events in which the diversity of our ways of being Christian is respected and affirmed, while demonstrating our unity around the central Christian message.

ILLOGAN JUNIOR FOOTBALL CLUB



Illogan Junior Football Club has started the season very well, continuing to progress in all age groups. We are particularly looking to develop our female football sessions by encouraging girls of all abilities to come along to our girls' training sessions at Pool Academy between 6.00pm and 7.00pm on Thursday evenings.

Winter Training sessions as follows:

Wednesdays at Cornwall College

U6, U7, U8, U9 and U10	5.30pm to 6.30pm
U11, U12 and U14	6.30pm to 7.30pm

Thursdays at Pool Academy

Girls and U15	6.00pm to 7.00pm
U13	7.00pm to 8.00pm

ILLOGAN HANDBELL RINGERS

Illogan Handbell Ringers was formed in 2014. Our aim is threefold - to have fun learning to play, to enjoy making music and to share our music with others

If you'd like to play or learn or would like us to play for you please contact Sigrid on 01209 8429839 or Liz via the church website: www.saint-illogan.org.uk (look under 'What's On'). In addition to our regular afternoon meetings (Wednesdays 2.30-3.30pm) we'd love to start up an evening group. Do please get in touch if you are at all interested.



THE OLD SCHOOL CENTRE

Churchtown, Illogan TR16 4BB 01209 842999

Email: oldschoolcentre@outlook.com



Our Compact Camera Club will restart on Monday 12 October. The Club has moved from Tuesdays to its new Monday slot and will, in future, be led by Photographer Si Colgan. Si is an experienced teacher and has an interest in film-making. New members are very welcome; if you are interested please contact The Centre on 01209 842999. There is a £1.50 fee per session to cover costs.

Yoga teacher, Rachel Bowie, who runs our Wednesday morning Yoga class is also running a new Wednesday evening class from 6.45pm to 8.00pm. Please contact Rachel on 01209 699841 for information.

Saturday Yoga classes with Amy Jones have resumed. Amy runs two classes on Saturdays; one specifically for pregnant ladies. Please contact Amy for more information on 07967 501985.

We have several groups suitable for children:

- * Little Frogs Sing and Sign is on Tuesday mornings for babies and toddlers (mums and dads too), contact Siobhan Florence on 01209 203909.
- * Kerrier Home Education Group on Fridays. Please check their website kheg.weebly.com for details.
- * and our Rainbows on Fridays (contact the Centre).

Our Wednesday evening Calligraphy class is run by tutor, Stephane Rouget. Whether you are completely new to calligraphy or have some skills, you are welcome to come along. Please contact the Centre for more information.

Reiki share is the first Monday of every month (except Bank Holidays). The group meets from 7.30pm to 9.00pm and is led by Tim Salisbury. Telephone Tim on 01209 212662.

Pilates classes are available on Tuesday evenings starting at 7.30pm and Thursday mornings at 9.30am with Osteopath Helen Kinane; contact Helen on 01209 200726 for availability.

Our Yoga classes for people suffering with MS continue throughout the year on Thursday mornings from 11.00am to 12.15pm. Speak to Carolyn on 01209 832108 for information.

The Over 50s Exercise Group meets on Monday mornings from 10.30am to 12 noon. Your first session is free. It's not just exercise; this is a social group and is very popular. If you are looking for some gentle exercise and a relaxed atmosphere this class may be just what you are looking for.

On the last Thursday of every month, we have a meeting of The Federation of Holistic Therapists (FHT) from 7.00pm to 9.00pm. Members may obtain the programme of events from Jenny Blake.

In September, we said goodbye to our Illogan Bowlers. They have relocated to a new purpose-built clubhouse in Redruth. We wish them well and another successful year.

We launched our Playground Years Project a year ago with an exhibition of photos and documents relating to the Centre's buildings when it was Illogan School. We are gathering information and images from residents who remember the Old School. If you have memories, mementos or images you are happy to share please contact 01209 842999 or email oldschoolcentre@outlook.com. If you have already contacted us, we will be getting back to you. We are looking into funding and resources.

Looking for a space to meet or run a class?

Give us a call 01209 842999, our rates start at just £3** per hour (**conditions apply).

What's On: Classes

Saturdays

9am to 10.30am Ashtanga Yoga with Amy
10.30am to 11.30am Pregnancy Yoga with Amy
Contact Amy Jones on 07967501985

Sundays

Mondays

10.30am to 12noon Over 50's Exercise 'Core' Group. Drop in welcome. 1st session free.

7pm to 9pm Camera Club with Photographer Si Colgan.

£1.50 per person per session. (Note has moved from Tuesdays)

7.30pm to 9pm Reiki Share 1st Monday of Month (Not Bank Holidays)

Tim Salisbury 07719669444 / 01209 212662

Tuesdays

9.30am to 11am Little Frogs Dance and Sign
Siobhan Florence 01209 203909 or 07976 114537

5.30pm to 6.30pm Pilates Progressive/Improvers Classes
Helen Kinane 01209 200726

6.30pm to 7.30pm Pilates Class (mixed ability)
Helen Kinane 01209 200726 (Starting November)

Wednesdays

10am to 11.30am Yoga with Rachel Bowie 01209 699841
6pm to 8pm Calligraphy with Stephane Rouget (March to December, term-time). Contact 07837 059085, stephane@threecirclesdesign.com

6.45pm to 8.00pm Yoga with Rachel Bowie 01209 699841

Thursdays

9.30am to 10.30am Pilates 'Gentle' Class Helen Kinane
Contact 01209 200726

11am to 12.15pm MS Society Yoga Contact 01209 832108

Fridays

11.00am to 4.00pm Kerrier Home Education Group. See website kheg.weebly.com for details. Or contact the Centre.
5.30pm to 6.30pm Rainbows

Hire Rates:

£3 per hour weekday afternoons (conditions apply)

£6 per hour for groups, classes, meetings

£8 per hour for parties

CARING FOR THE BIRDS

(by Andrew Tompsett)

The birds that live in Manningham Wood and in our gardens are a constant source of enjoyment to most of us throughout the year. As the winter approaches and the migratory species have departed, those that remain here will have moulted their old feathers and will become much more active again. So, it is time to start thinking about feeding them again before the severe winter weather arrives.



It is worrying to learn that many of our garden species are declining in numbers and all the possible reasons for this are not fully understood. However, many ornithologists think a major factor is a lack of suitable food coupled with some fatal diseases. It is important to realise that there are two types of food and demand for these varies according to the time of year. In summer insects such as flies, caterpillars and bugs are especially important because young birds need a high protein diet.

As the autumn weather comes on seeds are much more important to sustain both mature and young birds because energy-rich foods are needed then to help them face the colder weather. This is the time we can help most but again, new findings are important in maximising our help and reducing the possibility of doing harm by spreading diseases.

Bacterial diseases such as *Salmonella* have particularly affected greenfinches and house sparrows, whilst Avian Pox, viruses or mites can cause nasty facial growths on pigeon, dunnock and finches.

Some of our most popular garden birds can become infected as they gather around our bird tables and feeders and infections can linger on our feeders infecting visiting birds. You may have seen the distorted bills and swollen throats of species such as green finches and chaffinches. This disease is invariably fatal since affected birds cannot feed and suffer a lingering death. The situation is rather like hospitals and

surgeries where we are requested to use sterilising hand wash to prevent germs being spread.



So, now that the time for feeding birds has come again it is important to check our feeders and bird tables by cleaning and washing them thoroughly using detergent or other similar non-toxic steriliser. Similarly bird baths and drinking vessels should be kept clean and it is a good plan to move the bird feeding area so that infection does not accumulate in one place. One other piece of advice given to me by a wildlife veterinary expert is to restrict bird feeding to the autumn and winter when it is most needed. During the summer it is reckoned that insects and fresh seeds are sufficiently numerous and some foods that we normally provide can be harmful to very young birds anyway.

So, if you value the birds and want to keep them healthy, as I am sure you do, follow this general advice. Feed bird-seed from the autumn (starting when the hour goes back) until the spring, (when the clocks go forward) and move the feeding sites often. Keep feeders, bird tables and bird baths as clean as you would for your own pet.

The birds give us so much pleasure with their colours, movement and song; surely we should give them all the help we can and realise that they too have their infectious problems and we must not harm them with our well intentioned kindness.



SCOUTING IN ILLOGAN

Our Beavers, Cubs and Scouts are enjoying a busy and active term leading up to the Christmas break.

Beaver section's focus is always on Fun and Friends and is a good introduction to Scouting. Beavers helps our 5½ to 8yr olds to make that all important step of doing fun things without parents or teachers watching over them. They get to do lots of creative activities indoors as well as the chance to explore nature and the local area.

Our Cubs (8 to 10½yrs) are focused on essential scouting skills this term and have earned activity badges along the way. Badges are recognition for the activities the young people have participated in and for the new skills they have acquired, so every Cub's jumper tells the story of what they have achieved.

Apart from taking part in pioneering activities, this term Cubs have enjoyed a group camp at Carwynnen together with our Scouts. They have also taken part in several parades and, together with our Beavers and Scouts, are always proud to represent our Scout Group on Remembrance Sunday. We are now looking forward to the end of year Christmas party and District Carol service before everyone takes a well earned Christmas break.

Our Scouts (10½ to 14yrs) are also focused on pioneering skills this term. They recently took part in a fun hike which involved signalling back to our HQ and then recovering a "casualty" from Illogan Woods. They also put these skills to great use when we had our weekend group camp back in September and a separate team challenge camp at Godolphin in October with other Scouts from our District. Next year one of our Scouts will be representing the Scout Group when she goes with Scouts from our District to Italy for an adventure week. She has to do her own fundraising and we welcome any offers of sponsorship or donations to help her on her way.

I am pleased to say that we still have a few spaces in Scouts and Cubs. Parents of prospective Beavers should still make contact as spaces do come up most terms. At only £22 per term Scouting in Illogan still represents great value for money. Phone 01209 843845 or email enquiries@bridgehr.co.uk and we will arrange for your child to come along for **three free taster sessions** without obligation.

Steve Turner
Assistant Scout Leader
1st Illogan Scout Group

1st Illogan Scout Group

at the **Illogan Village Hall**

Thursdays (term time only)

5.00pm – 6.00pm: **Beavers** (5 3/4 – 8 yrs)

6.00pm – 7.30pm: **Cubs** (8 – 10 1/2 yrs)

7.30pm – 9.00pm: **Scouts** (10 1/2 - 14yrs)

Contact Steve Turner on 01209 843845, or email
steve@bridgehr.co.uk

Helpers and Leaders are always needed.

Brownies

(7 - 10/11 years)

at the **Methodist Church Hall**

Thursdays 6:00 – 7:30pm

Contact Elaine Spinks 313942 or
despinks@hotmail.co.uk

A few vacancies are currently available.

Rainbows

(5 - 7 years)

at the **Old School Centre**

Illogan Rainbows meets every Friday from 5.30pm to 6.30pm. We have a lovely little group of girls aged between 5 and 7 who are enjoying their first taste of Girl-guiding.

We would love some more girls to come and join the fun and would also very much appreciate adult help; hopefully someone who would like to train and take the group on as their Leader, but all offers of help are very welcome.

If you are a parent or carer of a girl between 5 and 7 who would like to try Rainbows, or someone who would like to join us as a volunteer, please ring Hilary on 07760 476365 and come along to join the fun!

HARRIS MILL HALL

For general enquiries contact

John Cloney or Maureen Wynn on 01209 217010

The Illogan Folk Dance Group

(contact Fran on 01209 217918) meet on the
1st, 3rd and 5th Thursday each month

from 7.30pm to 10.00pm. Upcoming dates are:

December	1	17
January	7	21
February	4	18

PROTECTING YOUR CHILDREN AGAINST REVENGE PORN

There is a new law to help protect children and young people. This is of importance to young people too in terms of 'taking responsibility for their behaviour'. Taking and sharing any indecent image of anyone under 18, even if taken with their consent, is a serious offence. With sexting playing an increasing part in how we live out our relationships with others it is a trend many of us feel very worried about. We need to do more to educate children and young people as such actions increase risk and vulnerability. Girls are particularly vulnerable and can be harassed relentlessly 'to provide an image'. This needs to be seen as 'power and control' within the relationship and girls need support to understand this.

We need to raise awareness of how quickly something can spiral out of control without due thought of the consequences or when agreeing to something through pressure. I have known young people who have done this to please a boyfriend or girlfriend and then when the relationship breaks down, or a partner wants to exert more control, what started as 'one thing', can become something far more sinister. With a few clicks something private escalates to being more widely available. Images can be sent to hundreds of websites and may even end up in a sex offender's collections.

Please talk to your children (age-appropriately) and young people about the risks, have helpful conversations (when they will allow it) on the potential for humiliation, bullying or worse. Try to stay calm and seek support if needed. Encourage schools and youth workers to talk about this subject matter but as parents, stay connected, keep yourself informed and remember - you are the greatest influence on the lives of your children and young people!

Useful links and contacts include StressHead (mobile app for 16-25 year olds) where a useful tool can be downloaded to help distract young people, not only in relation to the article but in life more generally when they are feeling under pressure. This is supported by the digital charity Youthnet. Cornwall Council can also offer support and advice and for any safeguarding concerns, talk with the nominated lead or phone 0300 123 1116. Kooth is also a good source of support to young people, this is an online counselling service that I have seen positively support many young people.

NEIGHBOURHOOD WATCH

Using Passwords



Fraudsters regularly hack into personal online accounts to obtain details which will allow them to defraud you. To prevent fraudsters, it's very important to use strong passwords when setting up and accessing online accounts and online banking.

Passwords should be memorable enough not to have to write them down and long enough to be unique and hard to guess, which will ensure they are less vulnerable to being stolen. If it is not possible to remember passwords a password manager could be used to store them securely.

Protect yourself:

- Make sure passwords are memorable so that you don't have to write them down.
- Make sure they are unique.
- Think about how you could change the letters in your normal passwords to make them more difficult to guess.
- Use long, non-dictionary words and use different ones for each of your personal accounts and online banking.
- Make sure you change them regularly.
- Make sure passwords are not stored on devices that have shared access by other people, for example in internet cafes and when using other public Wi-Fi.

If you believe you have become a victim of account hacking, change your passwords immediately and report to Action Fraud: www.actionfraud.police.uk/report_fraud.

Barry Thomas NHW Co-ordinator & Police Volunteer 60055

TEHIDY COUNTRY PARK



Woodland Management

A large area of diseased larch and sweet chestnut trees in the Oak Wood area of the country park were felled in September to reduce the spread of *Phytophthora ramorum* infection into other trees in the area.

Less susceptible species of trees remain and will be allowed to grow on.

We will also be re-planting with oak trees into the larger gaps over the winter months and together with the regrowth of chestnut this area is expected to recover quickly.



As part of the effort to control the spread of disease we have also been continuing to remove rhododendron and cherry laurel from various parts of the woods.

Events

Look out for Rogue Theatre's 'Winter Wood'. They will be returning to Tehidy Country Park with new stories from 11 – 30 December 2015.

Volunteers

A group of enthusiastic volunteers meet on the first and third Friday of each month to help to look after the country park. The sessions are led by Cormac Solutions' countryside rangers and are open to all. They run from 10.00am to 1.00pm.

If you would like to get involved please contact Cormac Solutions on 0300 1234 202 or email countryside@cormacltd.co.uk



'ROBARTES READERS'

Book Group of Illogan

The group meets on the last Thursday of each month at 7.30pm in the Robartes Arms, Illogan.

The aim is for readers to meet other like-minded people who are interested in serious discussion but who also would like to have fun – not to mention a glass or two of something – and be introduced to new books and authors who help broaden our outlook.

Please contact Maggie Thompson 01209 844754 or call in at the Robartes Arms.

DISABILITY ADVICE - AskSARA

www.cornwall.gov.uk

(Helpline 0845 130 9177)

AskSara is an award winning, easy to use, online tool where you can get free and impartial advice on, amongst other relevant things, what and where you can get useful gadgets to assist in making your everyday tasks easier and more manageable.



ART



CRAFT

ALLSORTS

Befriending

Arts & Crafts + Company & Chat

Penwartha Road Community Hall

Illogan

Every other Wednesday

Morning 10 - 12 & Afternoon 2 - 4

Dates for 2016

Jan 6 th 20 th	Feb 3 rd 17 th	March 2 nd 16 th 30 th	April 13 th 27 th
May 11 th 25 th	June 8 th 22 nd	July 6 th 20 th	Aug 3 rd 17 th 31 st
Sep 14 th 28 th	Oct 12 th 26 th	Nov 9 th 23 rd	Dec 7 th

Allsorts is a voluntarily run venue that is FREE to attend for local people who are retired, disabled or are affected by memory problems etc. The idea is to provide the local community with a relaxing and enjoyable place to go where they can enjoy a break, share company, chat and also access Easy Arts and Crafts. Many retired people become isolated because they are caring for their partners who have become unwell; others have been left bereaved and alone after losing their partner and some with disabilities have found themselves generally isolated. Each fortnight brings a new face, a new friend.

The volunteers who facilitate Allsorts support each other to ensure smooth running of the venue. Events are held every other Wednesday. The hall is within easy walking distance from Illogan Village centre on the same side as Boots Pharmacy and is the centre part of the bungalow complex.

Allsorts looks forward to welcoming new friends and potential artists.

Contact: AllSorts Tel: 07814 081246

E-Mail: alertjane@outlook.com



ILLOGAN WOMEN'S INSTITUTE



Just moved to the district and looking for new friends, or need to have some 'Me Time' away from the home environment? **Come and join Illogan Women's Institute**, a place where women of all ages can meet socially to share experiences, join in political campaigns, learn new or old skills and have fun! We meet twice a month, on the first and third Wednesday of each month. The meetings start at 7:30 pm and are held in Illogan Village Hall, Nance Road, Churchtown, Illogan, Redruth, TR16 4BB.

WANT TO KNOW MORE? Contact Janet Mitchell on **01209 890512** or Monica Wilkes **01209 843082** e-mail monicawilkes1@hotmail.co.uk or just come along to one of our meetings at a cost of £1.50 per visitor. We would be delighted to see you.

Wednesday 02 December 2015
Wednesday 16 December 2015

Wednesday 6 January 2016
Wednesday 20 January 2016
Wednesday 3 February 2016
Wednesday 17 February 2016

'Christmas Crafts' - 7:30 pm in Illogan Village Hall.

'Christmas Party' – 7:30 pm in Illogan Village Hall – entertainment by St Illogan Hand Bell ringers.

HOLIDAY

Social evening and business meeting – 7:30 pm Illogan Village Hall

Annual Meeting and Wine & Cheese evening - 7:30 pm in Illogan Village Hall

Quiz evening – 7:30 pm in Illogan Village Hall.

PARISH COUNCILLOR CONTACT DETAILS

Illogan Ward**Cllr Ms Veronica Cadby**, 7 Voguebeloth, Basset Road, Illogan, TR16 4EU

Tel: 01209 313949

Cllr Mrs Jill Ferrett, Fairfield Cottage, Marys Well, Illogan, Redruth, TR16 4EJ

Tel: 01209 842537

Email: jeferrett@hotmail.com**Cllr Graham Ford**, 4 Valley Gardens, Illogan, TR16 4EE.

Tel: 07747346481

Email: gdm.ford@gmail.com**Cllr Mrs Maggie Loxton**, Wheal Dream, Ventonraze, Illogan, TR16 4RY

Tel: 01209 842124

Email: cllr.m.loxton@illoganparishcouncil.gov.uk**Cllr Miss Jean Pollock**, 78 Tregrea, Beacon, Camborne, TR14 7SU

Tel: 01209 714275

Cllr Stephen Richardson, 39 Chariot Road, Illogan Highway, Redruth, TR15 3LE

Tel: 07711 587905,

Email: starichardson@btinternet.com**Cllr Mrs Margaret Roberts**, 6 Tregullan, Sunnyside Parc, Illogan, TR16 4DG

Tel: 01209 211502, Mobile: 07543329954

Email: cllr.m.roberts@illoganparishcouncil.gov.uk**Cllr Mrs Maggie Thompson**, 18 Penwartha Road, Paynters Lane End, Illogan, TR16 4ST

Tel: 01209 844754,

Email: cllr.m.thompson@illoganparishcouncil.gov.uk**Cllr Robert Uren**, Pencoys, South Tehidy, Camborne, TR14 0HU

Tel: 07527 942258

Email: cllr.r.uren@illoganparishcouncil.gov.uk**Park Bottom Ward****Cllr Lawrence Pavey**, 8 Rosenannon Road, Illogan Downs, Redruth, TR15 3XF

Tel: 01209 843407, Mobile: 07855 764699,

Email: cllr.l.pavey@illoganparishcouncil.gov.uk**Cllr Dave Crabtree**, Trengale Villa, Park Bottom, Redruth, TR15 3UF

Tel: 01209 202508, Mobile: 07803 165419,

Email: cllr.d.crabtree@illoganparishcouncil.gov.uk**Tehidy Ward****Cllr David Ekinsmyth**, 6 The Woodlands, Tehidy Park, Camborne, TR14 0TW

Tel: 07811 114971,

Email: cllr.d.ekinsmyth@illoganparishcouncil.gov.uk**Cllr Paul Holmes**, 78 Tregre, Beacon, Camborne, TR14 7SU

Tel: 01209 714275

Cllr Stefan Szoka, 3 Agar Crescent, Illogan Highway, Redruth, TR15 3NG

Tel: 01209 214735,

Email: cllr.s.szoka@illoganparishcouncil.gov.uk**Clerk to the Council: Ms. S. Willsher , Admin Assistant: Ms. J. Whitmore**

Illogan Parish Council, Unit 2, Wheal Agar, Tolvaddon Business Park, Camborne, TR14 0HX

Email: enquiries@illoganparishcouncil.gov.uk Telephone: 01209 711433**Website: www.illoganparishcouncil.gov.uk**

The offices are open Mon - Wed 9.00am - 12noon and Thurs 1.00pm - 4.00pm.

Activities of the Parish Council, planned meeting dates for Full Council and committees, agendas, minutes of previous meetings, and other information are all published on the Parish Council website.

We are here to help. Contact your Parish Councillor if there are local issues that you would like to discuss.

