

Tender for the Design of a Sensory Garden with a Yoga/Mindfulness/Meditation Zone Leading onto a Sensory Trail

Location: Illogan Park, Trevelyan Road, Illogan, TR16 4RG

Introduction

Illogan Parish Council invites tenders from qualified landscape architects and design firms for the conceptualisation and detailed design of a sensory garden featuring a dedicated yoga, mindfulness, and meditation zone, leading onto a sensory trail at Illogan Park. This project aims to create a tranquil, inclusive space that enhances well-being and sensory experiences for all visitors, fostering relaxation, mindfulness, and community engagement.

Project Overview

The proposed sensory garden and trail will be an immersive and multi-sensory environment, offering experiences that stimulate sight, sound, smell, touch, and taste. The design should integrate a serene yoga and meditation zone that seamlessly transitions into a sensory trail, encouraging relaxation, reflection, and exploration while catering to visitors of all ages and abilities.

Objectives

- To design an inclusive sensory garden with a yoga and meditation area, enhancing mental and physical well-being.
- To create a seamless flow from the meditation zone to the sensory trail, promoting mindfulness and exploration.
- To stimulate the five senses through carefully selected plants, textures, sounds, and interactive elements.
- To ensure full accessibility and inclusivity for individuals with diverse needs, including those with disabilities and sensory sensitivities.
- To complement and preserve the natural landscape and biodiversity of Illogan Park.

Scope of Work

The selected designer will be responsible for:

- Conducting a thorough site assessment, considering terrain, existing vegetation, and community needs.
- Creating conceptual designs and detailed landscape plans, including:
 - **Yoga/Meditation Zone:**
 - A tranquil space with natural shading, privacy, and calming elements.
 - Smooth, non-slip flooring suitable for yoga mats.
 - Seating options for mindfulness practices.

- Optional features: sculptural elements for focal points.
- **Sensory Garden and Trail:**
 - Thematic planting to stimulate all five senses, including aromatic herbs, textured foliage, vibrant flowers, and edible plants.
 - Interactive and tactile installations for sensory engagement.
 - Sound elements like rustling grasses.
 - Accessible pathways for wheelchairs and pushchairs, ensuring a continuous and inclusive journey.
 - Seating areas for rest and contemplation, strategically placed along the trail.
 - Educational and interpretative signage to enhance visitor interaction and learning.
- Collaborating with stakeholders, including local community groups, accessibility consultants, and wellness practitioners.
- Providing cost estimates, construction specifications, and phased implementation plans.

Design Considerations

- **Accessibility:** Ensure all paths and installations are fully accessible and inclusive.
- **Sustainability:** Use sustainable materials, native plants, and eco-friendly practices.
- **Safety and Security:** Design safe pathways with appropriate signage and visibility.
- **Aesthetics and Harmony:** Integrate the design harmoniously with the existing landscape.

Submission Requirements

Interested firms must provide:

- A cover letter expressing interest and understanding of the project.
- Company profile including relevant experience and qualifications.
- Portfolio of previous projects, especially those related to sensory gardens, mindfulness spaces, or accessible outdoor environments.
- Proposed design approach and methodology, detailing the vision for the yoga/meditation zone and sensory trail.
- A detailed project timeline, including key milestones and deliverables.
- A breakdown of fees and associated costs.
- Contact details of at least two referees for similar projects.

All submissions must be delivered electronically via email to enquiries@illoganparishcouncil.gov.uk or by hard copy to Illogan Parish Council Community Office, Trevelyan Road, Illogan, Redruth, Cornwall, TR16 4RG by 4pm on Friday 4th April 2025.

Additional Information

Site visits can be arranged upon request by contacting Sarah or Emma on 01209 711433 or emailing enquiries@illoganparishcouncil.gov.uk

Terms And Conditions

1. The Council reserves the right not to accept the lowest or any quote.
2. The Council may request clarification on aspects of the submitted quote.
3. All companies will be notified in writing of the outcome of the quote process.
4. The selected contractor must ensure compliance with all statutory and professional standards.
5. The selected contractor must provide copies of all health and safety, risk assessment, insurance and competence certificates before commencing work.